



Southern Lehigh School District

High School Syllabus

Family and Consumer Sciences 2014-15

Course Description:

FAMILY AND CONSUMER SCIENCES provides an educational foundation necessary for the successful management of the contemporary home. This course deals with self-discovery, individual maturation, management of human and material resources, as well as meeting the more commonly regarded basic needs of individuals and families (food, clothing, and shelter). The student is responsible for supplying construction project materials. Instruction in kitchen safety and sanitation is included in lessons on food preparation techniques.

Course Content:

1. Understanding Myself and Others
 - Improving communication skills
 - Roles and relationships
 - Decision making and problem solving
2. Foods and Nutrition
 - Food pyramid and wellness
 - Meal planning
 - Kitchen safety and equipment
 - Food preparation
3. Creative Clothing
 - Fashion
 - Clothing selection and care
 - Fabrics and sewing terms
 - Equipment
 - Pattern selection and clothing construction
4. Learning About Children
 - Child development
 - Needs of children
 - Children learn through play

Required Textbooks and/or Other Reading/Research Materials

No textbook

Course Requirements:

Students are required to complete all projects, tests and assignments. Failure to do so will affect the student's overall grade. Project materials are the responsibility of the student.

Grade Components/Assessments:

Grades will be based on the following weights:

Cumulative Assessments	30%
Project/Labs/Coursework	60%
Participation	10%

Each marking period is worth 20% of a student's overall grade. The final exam is each worth 20% of a student's overall average:

Quarter 1	20%
Quarter 2	20%
Quarter 3	20%
Quarter 4	20%
Final	20%

Required Summer Reading/Assignments:

No summer reading required.